

Care Plan and Review

Date printed: 3 Nov 2018

Client Name: Mr Simon P CORDELL

Client NHS Number: 434 096 1671

Client CPA Level: CPA

Your Care Co-Ordinator is Soobah Appadoo
Silver Street,

Phone Number of Care Co-ordinator:
Mobile Contact of Care Co-ordinator:

This is / these are who to contact, when and how

During Office Hours:

Outside Office Hours (evenings, night-time, weekends) / Mobile:

Diagnosis	Date of Diagnosis	Entered By
F432 Adjustment disorders	11 Mar 2014	Gareth Jarvis
F29X Unspecified nonorganic psychosis	08 Dec 2015	Jane Cushion

Challenges and Needs Category: Psychological	Challenges and Needs Sub Category: Psychotic symptoms	Challenges and Needs Detail: 72 HOUR CARE PLAN			
Intervention Category: AOP Psychological	Intervention Type: Other	Client Agreed: No	Section 117: No		
Goals	Activities	Client's View	Main Person Responsible	Planned / Actual Start Date	Anticipated End Date
To establish therapeutic relationship based on trust. Offer regular 1:1 session to allow Simon to express his thoughts, feelings and emotions in a safe and supportive environment. Discuss with Simon what further needs he has and care plan	Simon will feel supported and involved in his care. Simon will be able to trust staff and work in partnership Patient will have access to and receive appropriate health screening and assessment for both physical and mental		SHIFT NURSE	16 Aug 2016, 06:02	

accordingly working in partnership. Establish a baseline of physical observation BP, TPR, Height, Weight, BMI. urine drug screen needed. Give section rights according to section 132 of the mental health act 1983 and document the same on RIO.

health. Simon will understand his rights and be able to act on those rights as he wishes. This care plan needs to be discussed with Simon.

Challenges and Needs Category: Challenges and Needs Sub Category: Challenges and Needs Detail: CP1: MENTAL HEALTH / MENTAL STATE

Challenges and Needs Category:		Challenges and Needs Sub Category:		Challenges and Needs Detail: CP 1:72 hour care plan.		
Intervention Category:		Intervention Type:		Client Agreed: No		Section 117: No
Goals	Activities	Client's View	Main Person Responsible	Planned / Actual Start Date	Anticipated End Date	
X To nurse Simon in a safe environment -In order to contain him in a safe and supportive environment. -For admission to hospital to be a smooth process with Simon being involved each step. -For him to be aware that staffs are approachable and available should he have any queries about his admission.	Staff to orientate him to the ward layout and structure. -Named Nurse to introduce himself and initiate a therapeutic relationship with him. -For Simon to be involved in all aspect of his care. -To inform him about members of the MDT who are directly involved in his care. -To provide him and the family if they wish to, with contact details for the ward and relevant team members to ensure communication and continuity of care. -Named Nurse to explain ward routine. -Staff to check his belongings on admission and remove any potential dangerous substances or object.	29/10/18:I am not ill and I should not be here.	CLIENT	29 Oct 2018, 05:53		

Challenges and Needs Category:		Challenges and Needs Sub Category:		Challenges and Needs Detail: CP 2:Relapsed in mental state due to non engagement with the team		
Intervention Category:		Intervention Type:		Client Agreed: No		Section 117: No
Goals	Activities	Client's View	Main Person Responsible	Planned / Actual Start Date	Anticipated End Date	
X For his mental state be stabilized. For Simon to be able to function effectively in the community.	Establish therapeutic relationship based on trust. Nurse patient in a safe environment free from danger. Offer 1-1 session with him regularly to encourage him ventilate her fears and anxieties . Encourage to engage in both in door and out door activities and also with the community team	28/10/18;The police were wrong and I was not aggressive. No doctor told me that I was coming to stay in hospital.	CLIENT	29 Oct 2018, 06:00		

when discharged . Serve prescribed medications and monitor for side effects. Liase with MDT to discuss progress.				
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Challenges and Needs Category:		Challenges and Needs Sub Category:		Challenges and Needs Detail: CP 3:Aggressive behaviour	
Intervention Category:		Intervention Type:		Client Agreed: No Section 117: No	
Goals	Activities	Client's View	Main Person Responsible	Planned / Actual Start Date	Anticipated End Date
X For his mental state to be stabilized. To decrease acting out behaviour. To approach staff if he feels agitated.	To demonstrate the ability to exercise internal control over his behaviour. To identify ways to deal with tension and aggressive feelings in a non destructive manner. To express feelings of anxiety, fear, anger, or hostility verbally or in a non destructive manner. Staff to build a trusting relationship ideally well in advance of the aggressive behaviour. Staff should be aware of the factors that increase the likelihood of aggressive behaviour and use verbal de-escalation including time out to help calm him down. Staff to offer him PRN medication to help him calm down if he feels agitated.	8/10/18:Iam not an aggressive person .I have not attacked anyone.	CLIENT	29 Oct 2018, 06:04	

Challenges and Needs Category: Education & health promotion		Challenges and Needs Sub Category: Smoking		Challenges and Needs Detail: CP 4:Smoking I do not smoke many cigarettes .	
Intervention Category:		Intervention Type:		Client Agreed: No Section 117: No	
Goals	Activities	Client's View	Main Person Responsible	Planned / Actual Start Date	Anticipated End Date
X 1.For me to be aware of the current smoke free policy and adhere to its contents 2.For me to be aware of the support available with stopping smoking, and how to access these services 3.For me to be aware of the various products available to help with nicotine withdrawal and to be supported in	1.To inform me on admission about the Smokefree Policy and to help me understand the contents of the policy 2.To work with me to help my adherence to the policy for the duration my admission 3.To inform all my visitors of the Smokefree Policy and ensure they also adhere to the policy For Simon to be informed of leaving a healthy life and also informed of the support and materials for	I only smoke a couple of cigarettes and I do not wish to stop smoking at present. I might consider NRT later.	CLIENT	3 Nov 2018, 23:32	